

Löftanloppet 2024

Frille Runners

1.	10:03:18	3:18	(3:18)
2.	10:06:46	6:46	(3:28)
3.	10:10:19	10:19	(3:33)
4.	10:14:15	14:15	(3:56)
5.	10:18:11	18:11	(3:56)
6.	10:22:00	22:00	(3:49)
7.	10:25:41	25:41	(3:41)
8.	10:29:38	29:38	(3:57)
9.	10:33:24	33:24	(3:46)
10.	10:37:03	37:03	(3:39)
11.	10:41:09	41:09	(4:06)
12.	10:44:35	44:35	(3:26)
13.	10:48:09	48:09	(3:34)
14.	10:51:52	51:52	(3:43)
15.	10:55:29	55:29	(3:37)
16.	10:59:07	59:07	(3:38)
17. <i>Mål</i>	11:02:54	1:02:54	(3:47)

Antal varv

17

Tid

1:02:54

All in or Nothing

1.	10:04:27	4:27	(4:27)
2.	10:07:54	7:54	(3:27)
3.	10:12:00	12:00	(4:06)
4.	10:15:25	15:25	(3:25)
5.	10:19:28	19:28	(4:03)
6.	10:22:45	22:45	(3:17)
7.	10:26:50	26:50	(4:05)
8.	10:30:11	30:11	(3:21)
9.	10:34:19	34:19	(4:08)
10.	10:37:44	37:44	(3:25)
11.	10:41:52	41:52	(4:08)
12.	10:45:19	45:19	(3:27)
13.	10:49:20	49:20	(4:01)
14.	10:52:34	52:34	(3:14)
15.	10:56:32	56:32	(3:58)
16.	10:59:50	59:50	(3:18)
17. <i>Mål</i>	11:03:44	1:03:44	(3:54)

17

1:03:44

Det blir kull!

1.	10:03:26	3:26	(3:26)
2.	10:07:35	7:35	(4:09)
3.	10:11:02	11:02	(3:27)
4.	10:15:09	15:09	(4:07)
5.	10:18:40	18:40	(3:31)
6.	10:22:50	22:50	(4:10)
7.	10:26:19	26:19	(3:29)
8.	10:30:26	30:26	(4:07)
9.	10:34:00	34:00	(3:34)

16

1:00:36

10.	10:38:06	38:06	(4:06)
11.	10:41:36	41:36	(3:30)
12.	10:45:40	45:40	(4:04)
13.	10:49:08	49:08	(3:28)
14.	10:53:08	53:08	(4:00)
15.	10:56:32	56:32	(3:24)
16. <i>Mål</i>	11:00:36	1:00:36	(4:04)

AdiRunners

16

1:02:08

1.	10:04:25	4:25	(4:25)
2.	10:07:56	7:56	(3:31)
3.	10:12:03	12:03	(4:07)
4.	10:15:48	15:48	(3:45)
5.	10:19:54	19:54	(4:06)
6.	10:23:35	23:35	(3:41)
7.	10:27:45	27:45	(4:10)
8.	10:31:27	31:27	(3:42)
9.	10:35:44	35:44	(4:17)
10.	10:39:23	39:23	(3:39)
11.	10:43:45	43:45	(4:22)
12.	10:47:18	47:18	(3:33)
13.	10:51:19	51:19	(4:01)
14.	10:54:47	54:47	(3:28)
15.	10:58:44	58:44	(3:57)
16. <i>Mål</i>	11:02:08	1:02:08	(3:24)

Team Demén

16

1:02:31

1.	10:03:54	3:54	(3:54)
2.	10:07:57	7:57	(4:03)
3.	10:11:20	11:20	(3:23)
4.	10:15:13	15:13	(3:53)
5.	10:19:25	19:25	(4:12)
6.	10:22:48	22:48	(3:23)
7.	10:26:45	26:45	(3:57)
8.	10:31:09	31:09	(4:24)
9.	10:34:47	34:47	(3:38)
10.	10:38:48	38:48	(4:01)
11.	10:43:14	43:14	(4:26)
12.	10:46:48	46:48	(3:34)
13.	10:50:47	50:47	(3:59)
14.	10:55:02	55:02	(4:15)
15.	10:58:29	58:29	(3:27)
16. <i>Mål</i>	11:02:31	1:02:31	(4:02)

EVA

15

1:03:59

1.	10:03:57	3:57	(3:57)
2.	10:08:01	8:01	(4:04)
3.	10:12:13	12:13	(4:12)
4.	10:16:26	16:26	(4:13)
5.	10:20:49	20:49	(4:23)
6.	10:25:16	25:16	(4:27)
7.	10:29:40	29:40	(4:24)
8.	10:33:45	33:45	(4:05)
9.	10:38:13	38:13	(4:28)

10.	10:42:37	42:37	(4:24)
11.	10:46:52	46:52	(4:15)
12.	10:51:18	51:18	(4:26)
13.	10:55:38	55:38	(4:20)
14.	10:59:27	59:27	(3:49)
15. <i>Mål</i>	11:03:59	1:03:59	(4:32)

Rönninge Runners

14

1:00:35

1.	10:04:20	4:20	(4:20)
2.	10:08:26	8:26	(4:06)
3.	10:12:41	12:41	(4:15)
4.	10:16:50	16:50	(4:09)
5.	10:21:05	21:05	(4:15)
6.	10:25:33	25:33	(4:28)
7.	10:29:44	29:44	(4:11)
8.	10:33:55	33:55	(4:11)
9.	10:38:18	38:18	(4:23)
10.	10:42:42	42:42	(4:24)
11.	10:47:14	47:14	(4:32)
12.	10:51:40	51:40	(4:26)
13.	10:56:19	56:19	(4:39)
14. <i>Mål</i>	11:00:35	1:00:35	(4:16)

Rönninge Joggers

14

1:02:18

1.	10:03:23	3:23	(3:23)
2.	10:08:24	8:24	(5:01)
3.	10:13:25	13:25	(5:01)
4.	10:16:51	16:51	(3:26)
5.	10:22:06	22:06	(5:15)
6.	10:27:05	27:05	(4:59)
7.	10:30:31	30:31	(3:26)
8.	10:36:01	36:01	(5:30)
9.	10:41:11	41:11	(5:10)
10.	10:44:40	44:40	(3:29)
11.	10:48:13	48:13	(3:33)
12.	10:53:49	53:49	(5:36)
13.	10:58:55	58:55	(5:06)
14. <i>Mål</i>	11:02:18	1:02:18	(3:23)

Dolly Style

14

1:04:00

1.	10:05:15	5:15	(5:15)
2.	10:09:28	9:28	(4:13)
3.	10:13:42	13:42	(4:14)
4.	10:18:32	18:32	(4:50)
5.	10:23:03	23:03	(4:31)
6.	10:27:27	27:27	(4:24)
7.	10:32:20	32:20	(4:53)
8.	10:36:42	36:42	(4:22)
9.	10:41:05	41:05	(4:23)
10.	10:46:20	46:20	(5:15)
11.	10:50:40	50:40	(4:20)
12.	10:55:05	55:05	(4:25)
13.	10:59:20	59:20	(4:15)

BBC				14	1:04:31
1.	10:03:51	3:51	(3:51)		
2.	10:08:13	8:13	(4:22)		
3.	10:13:55	13:55	(5:42)		
4.	10:17:45	17:45	(3:50)		
5.	10:22:05	22:05	(4:20)		
6.	10:27:53	27:53	(5:48)		
7.	10:31:49	31:49	(3:56)		
8.	10:36:04	36:04	(4:15)		
9.	10:40:32	40:32	(4:28)		
10.	10:46:25	46:25	(5:53)		
11.	10:50:23	50:23	(3:58)		
12.	10:54:51	54:51	(4:28)		
13.	10:58:35	58:35	(3:44)		
14. <i>Mål</i>	11:04:31	1:04:31	(5:56)		
Morotsligan				13	1:00:37
1.	10:05:19	5:19	(5:19)		
2.	10:09:08	9:08	(3:49)		
3.	10:14:29	14:29	(5:21)		
4.	10:18:17	18:17	(3:48)		
5.	10:23:24	23:24	(5:07)		
6.	10:27:22	27:22	(3:58)		
7.	10:32:52	32:52	(5:30)		
8.	10:37:45	37:45	(4:53)		
9.	10:41:35	41:35	(3:50)		
10.	10:47:03	47:03	(5:28)		
11.	10:50:54	50:54	(3:51)		
12.	10:55:57	55:57	(5:03)		
13. <i>Mål</i>	11:00:37	1:00:37	(4:40)		
Tjolöholmsvägen 88				13	1:04:00
1.	10:04:51	4:51	(4:51)		
2.	10:09:30	9:30	(4:39)		
3.	10:14:33	14:33	(5:03)		
4.	10:19:17	19:17	(4:44)		
5.	10:24:09	24:09	(4:52)		
6.	10:29:27	29:27	(5:18)		
7.	10:34:13	34:13	(4:46)		
8.	10:39:31	39:31	(5:18)		
9.	10:44:50	44:50	(5:19)		
10.	10:49:31	49:31	(4:41)		
11.	10:54:48	54:48	(5:17)		
12.	10:59:36	59:36	(4:48)		
Bumbibjörnarna				12	1:01:56
1.	10:05:03	5:03	(5:03)		
2.	10:10:44	10:44	(5:41)		
3.	10:14:26	14:26	(3:42)		
4.	10:19:32	19:32	(5:06)		
5.	10:26:05	26:05	(6:33)		
6.	10:30:21	30:21	(4:16)		
7.	10:35:32	35:32	(5:11)		
8.	10:42:13	42:13	(6:41)		
9.	10:46:30	46:30	(4:17)		

10.	10:51:36	51:36	(5:06)
11.	10:57:57	57:57	(6:21)
12. <i>Mål</i>	11:01:56	1:01:56	(3:59)

The Thors

12

1:04:50

1.	10:04:43	4:43	(4:43)
2.	10:10:07	10:07	(5:24)
3.	10:15:03	15:03	(4:56)
4.	10:20:09	20:09	(5:06)
5.	10:25:50	25:50	(5:41)
6.	10:31:01	31:01	(5:11)
7.	10:36:13	36:13	(5:12)
8.	10:42:17	42:17	(6:04)
9.	10:47:38	47:38	(5:21)
10.	10:53:19	53:19	(5:41)
11.	10:59:49	59:49	(6:30)
12. <i>Mål</i>	11:04:50	1:04:50	(5:01)

L.Ä.B

11

1:00:39

1.	10:05:02	5:02	(5:02)
2.	10:09:17	9:17	(4:15)
3.	10:14:21	14:21	(5:04)
4.	10:19:10	19:10	(4:49)
5.	10:25:31	25:31	(6:21)
6.	10:30:55	30:55	(5:24)
7.	10:37:05	37:05	(6:10)
8.	10:42:35	42:35	(5:30)
9.	10:48:57	48:57	(6:22)
10.	10:54:36	54:36	(5:39)
11. <i>Mål</i>	11:00:39	1:00:39	(6:03)

Flåsa

11

1:03:32

1.	10:05:37	5:37	(5:37)
2.	10:11:36	11:36	(5:59)
3.	10:17:29	17:29	(5:53)
4.	10:23:23	23:23	(5:54)
5.	10:29:17	29:17	(5:54)
6.	10:35:09	35:09	(5:52)
7.	10:40:47	40:47	(5:38)
8.	10:46:32	46:32	(5:45)
9.	10:52:15	52:15	(5:43)
10.	10:58:02	58:02	(5:47)
11. <i>Mål</i>	11:03:32	1:03:32	(5:30)

Tobias

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